

MAYAN FAMILIES

Cultural Immersion Itineraries



Thank you so much for your interest in visiting us!

We put together these itineraries to help you plan a unique visit to Lake Atitlán that will allow you to fully explore the vibrant & beautiful culture, while also giving back to the communities.

In the following pages, you'll find three different packages designed to fit your needs and preferences.

If you have any questions about any of our programs projects, or packets, please contact our Experience Coordinator at [**experience@mayanfamilies.org**](mailto:experience@mayanfamilies.org).

On behalf of all of us here at Mayan Families, we would like to thank you for supporting our programs and mission to stimulate long-term progress in the Mayan communities around Lake Atitlán.

Group Package #1

Artisanal and Cultural



If you are looking to support Mayan artisans and learn more about their ancestral techniques, this package is for you.

Cost of the trip: \$1350/pp

Transportation, Accommodation, and meals included

- Visit an artisan at her home
- Weaving class
- Ceramics painting class in San Antonio
- Visit cooperatives in different communities
- Install 2 stoves
- Visit a preschool
- Visit the Elderly Care Center
- Beading class

Group Package #2

Environmental and Cultural



Lake Atitlán is home to many Mayan communities who depend on the natural resources the lake offers. This trip allows you to immerse yourself in local culture while exploring the natural diversity of the region.

Cost of the Trip: \$1350/pp

Transportation, Accommodation, and meals included

- Guided tour and presentation with around Lake Atitlán
- Visit Tzunana's Atitlán Organics Farm
- Kayak trip
- Tour the nature reserve in Panajachel
- Visit one of our preschools and create an environmentally-focused lesson plan
- Install 2 stoves

Group Package #3

Health and Wellness



We all need a time to reconnect with our bodies & mind. Come connect with the Mayan culture while connecting with yourself.

Cost of the Trip: \$1350/pp

Transportation, Accommodation, and meals included

- 3 preschool visits with yoga activities
- Tour of medicinal plant cooperative
- Paddleboard yoga with SUP
- Tour the nature reserve
- Hike San Pedro Volcano
- Install 2 stoves
- Visit our Elderly Care Centre