

MAYAN FAMILIES

Strengthening Communities



In Guatemala,

79%

of the indigenous population lives under the poverty line of under

\$1.90 a day

The Problem: In the Western highlands of Guatemala, many families live in rural areas, isolated from government and health services. The infrastructure available to them does not provide these families with steady income or means to provide consistent nutritional meals for their children.

8 in **10** indigenous children in Guatemala are chronically malnourished

The Goal: To provide social services and food security interventions so that families do not need to sacrifice their health or education in a time of crisis. We believe that when families are able to meet their most basic needs, their communities grow and prosper, and vice versa.



What We Do



Food Security

Families suffering from severe malnutrition will receive emergency food assistance, nutrition workshops, and budgeting consultation, which improves their ability to purchase healthy products for their children.



Opportunity

Every family and community has the ability to drive change, despite limited resources. We work with our clients to come up with long-term, sustainable solutions to improve their wellbeing. This includes a range of services, including capital for a small business, support for land acquisition, and community health education.



Healthy Homes

Pneumonia and diarrheal diseases are the leading causes of death in children under 5 in Guatemala. Some of these can be prevented through access to potable water and fuel-efficient stoves. We want children to live in a safe environment, free of woodsmoke and threats to their health and development.



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