

MAYAN FAMILIES

Elderly Care Program



Mayan Families has cared for and tended to the elderly, or ancianos, since early in our organization's history. Most of the elderly men and women were malnourished, anemic, suffered from undiagnosed diabetes, or were simply starving due to abandonment or neglect.

To combat this, the Mayan Families Elderly Care program set up daily meals for over 100 *ancianos* in two different Elderly Feeding Centers, located in in Panajachel and San Jorge la Laguna. The elderly come to the center for a hot meal five days a week, and receive food to take home over the weekend. Additionally, the elderly can access medical care through our Charlie Gomez Medical Center and additional support through other Mayan Families Programs.



26,000
nutritious meals to elderly
in critical need.



500
medical checkups to
elderly without access to
medical care.

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